

ABSTRACT OF THE DISCLOSURE

In a method for allowing a patient suffering from a neurological disease and being treated with medication to self-monitor his or her current state, information regarding the motor functions and/or verbal and/or cognitive abilities of the patient are interactively acquired upon using a computer located for easy and repeated access by the patient, and at least one criterion number or a statement describing the state is determined on the basis of this information by an expert system at the computer and is made available to the patient by an output device at the computer.

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